

The Movement in the Parks presents:



Free Outdoor Zumba

Two locations and times:

Saturdays, 10-11am

March 2, 2013 - April 13, 2013 (No class on March 30)

**Location: Golden Gate Park Carousel Area,
198 John F Kennedy Dr, San Francisco, CA**

Instructor: Jamie

Sundays, 11am-noon

March 3 - April 14, 2013

**Location: Sunset Recreation Center,
Outdoor Volleyball Courts, 2201 Lawton St**

Instructor: Olive

Come party yourself into shape with free outdoor Zumba classes. Zumba is a latin-inspired, easy-to-follow calorie-burning dance-fitness party. You will get a great workout while enjoying San Francisco's wonderful weather. Proudly brought to you by The Movement in the Parks Program and the San Francisco Recreation and Parks Department. Please RSVP to Willa at willa@themovementsf.org, or 415-831-2738.
